

Troop 436 Monthly

Schooley's Mountain—Long Valley, NJ



Est. 1972



Historic Jockey Hollow Plan B for April

The Troop had the popular West Point Camporee on the calendar for April but alas, we didn't get pulled in the lottery. Scouts will decide in the upcoming 2019-20 Activity Survey if we try again next year. Meantime, it's on to plan B for the April overnight. In December 1779, George Washington ordered his army to march to Morristown to camp during what would be

the coldest winter on record. Over 10,000 soldiers set up camp in Jockey Hollow, 5 miles south of Morristown. Today that area is part neighborhood, part state park and part Schiff Nature Preserve.

The troop will tent camp in Schiff located in Mendham, and hike the 10-mile Jockey Hollow Trail in the state park. This historic hike is another opportunity for a medal, like those the Troop got in Valley Forge and Boston. The Jockey Hollow Trail

Medal program is offered by our own Patriot's Path Council. As we follow the trail, we'll need to identify historical markers and answer questions about what we learn along the way. This overnight will be another great trip to work on both rank advancement and scout skills. And the Philmont Crew can consider it their first warm-up hike as they begin training for Philmont 2020. Back-packs or no back-packs, it's up to each Scout to decide what they want this trip.

Welcome New SPL!

Congratulations to Josh Kearstan for being elected to a 12-month term as Senior Patrol Leader. Josh is a recent Eagle Scout and has already attended NYLT. He appointed Noah Turner and Tommy Weinert as his Assistants. We asked him about his favorite things:

App: Apple Music

Food: Full Rack of Ribs

Movie: Deadpool & Saving Private Ryan

Activity: Playing Music

Biggest Challenge as SPL: Communication with the Patrol Leaders to the Patrols.

Good Luck Josh!

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Mark Your Calendar

- Apr. 3: Troop Meeting—Kossmann School, 7:30-9
- Apr. 6: **Troop Bowling Night**—Oakwood Lanes, Washington, 7-9
- Apr. 10: Troop Meeting—Kossmann School, 7:30-9
- Apr. 17: Troop Meeting—Kossmann School, 7:30-9
- Apr. 24: Troop Meeting—Kossmann School, 7:30-9
- Apr. 26-28: **Historic Jockey Hollow Hike—Schiff Nature Preserve, Mendham, NJ**
- Apr. 29: Patrol Leader's Council Meeting (PLC)—St. Luke, 6:30-7:30
- Apr. 29: Troop Committee Meeting—St. Luke, 7:30-9
- May. 1: Troop Meeting—Kossmann School, 7:30-9
- May. 4: Spring Troop Community Service Project
- May. 8: Troop Meeting—Kossmann School, 7:30-9
- May. 15: Troop Meeting—Kossmann School, 7:30-9
- May. 17-19: **Fishing Overnight**—Winnebago Scout Reservation, Rockaway, NJ





Scoutmaster Minute—Scott O'Neil

Ten Things that Require Zero "0" Talent.

- ◆ Being on Time.
- ◆ Work Ethic.
- ◆ Effort.
- ◆ Energy.
- ◆ Body Language.
- ◆ Passion.
- ◆ Doing Extra-go the extra mile.
- ◆ Be Prepared.
- ◆ Be Coachable.
- ◆ Attitude – Positive!

Tom Coughlin, the former New York Giants head coach, had a rule when he coached, five minutes early to any meeting was "on time". On time for the meeting was "late". If you are expected to be at a meeting or event, arrive early so you will always be on time. It takes a bit of practice to incorporate this into your daily schedule. Effective time management will serve you well as you get older.

Your work ethic should never be questioned. Look in the mirror and determine if you gave it your all and your best effort. Other's may not know but only you will if you gave it your best.

Individual effort focused in the correct way will almost always ensure success. Whether your efforts



contribute to a group or benefit you personally, don't ever slack off.

Do everything at 100% - anything less is doing a disservice to yourself and those around you.

Slouched shoulders, not making eye contact or a slow gait are all visual body signals of someone not interested or engaged. People can pick up on these clues as to how you feel and what you project.

Do what you love and love what you do! If you are fortunate enough to operate this way, that is passion! Be fully engaged in all that you do – emotionally, intellectually and physically.

Simple and to the point. Don't wait to be asked. Always go the extra mile. Do what is not asked of you and you will receive much more in return.

You wouldn't be a Boy Scout

unless you are prepared. No matter the situation you may face now or in the future, if you are prepared you stand a real chance of succeeding.

Today, many athletes don't want to be "coached". They think that based on their God given talent that they will succeed no matter what the circumstances. Athletes behave as if their physical talents give them the "right" to do what they want when they want to. Constructive criticism is what coaching is all about. Think about it, the reason the coach singles you out isn't because they are being mean, he/she expects more from you. A coach will always teach and guide you, but it may not be in the manner in which you expect or appreciate. Develop a thick skin, the world isn't fair. The sooner you learn this the better off you will be.

A positive attitude is one of the hardest things to maintain. All of us get upset or frustrated when things don't go the way we planned or hoped. Don't let your attitude be negative as it wears off on others.

All of these tenants can be mastered by each and everyone of you. It doesn't matter if you are tall or short, old or young, Scout or Eagle, athletic or not, what matters, is you develop the skills. "Talent" is defined in many ways, but these simple ones are the key to you being successful as an individual and as a Boy Scout. It all depends on how successful you wish to be. It's up to you!



Troop Report

Unfortunately, the Troop still doesn't have a new Scribe. Hopefully we'll get one soon so we can get back to including the Troop Report. Interested Scouts please see Mr. Arndt or Mr. O'Neil.

**RETURNING
NEXT
MONTH**



View From the Chair—Glen Arndt

Troop 436 is a "boy led" troop. Over time, Scouts are given more and more responsibility in leading various troop activities. As they advance from rank to rank, they are assigned more complex duties and more is expected of them. Still, parents have a responsibility to help our boys learn by being good "guides". As in any organization, a Boy Scout troop requires a fair amount of work to be well run. Without strong participation on the part of the adults, the troop simply can not sustain itself.

Troop 436 assumes that at least one parent of each Scout will serve as a volunteer for the troop. Volunteer service can be accomplished in many ways, from committee member, fundraising projects, overnight chaperone,

Board of Review participant to handling any number of other necessary functions of the troop. There are always numerous tasks that need to be accomplished,

some on a continuous basis, others as individual events. Whatever you decide to do, your help is always appreciated, and you can be satisfied that you are helping your son and his fellow Scouts have a better Scouting experience. Of course, you benefit as well by being able to dedicate some time away from the household to your son's activities. You can watch him learn and grow in ways few parents are able to do, while setting a great example for him to follow.

What could be better than that?

Currently, the troop needs to fill a number of positions—**Community Service Coordinator and Fall Scout Account Fundraising.**



Please consider taking on one of these positions, no experience necessary! To volunteer, contact our Scoutmaster or any committee member. Thank you to Mike and Amy Weston for recently taking on open positions.



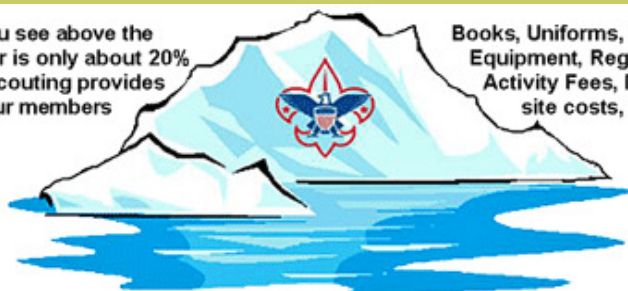
Boy Scout Abbreviations

Seems abbreviations have taken over and Scouting is no different. You're probably hearing terms you are unfamiliar with and abbreviations that confuse you. Let's see if we can make a few of these clear and help you along your Scouting way.

- APL..... Ass't Patrol Leader
- ASM..... Ass't Scoutmaster
- ASPL..... Ass't Senior Patrol Leader
- BSA..... Boy Scouts of America
- COPE..... Challenging Outdoor Personal Experience
- FOS..... Friends of Scouting
- JASM..... Junior Ass't Scoutmaster
- LNT..... Leave No Trace
- NESA..... National Eagle Scout Assoc.
- OA..... Order of the Arrow
- PL..... Patrol Leader
- PLC..... Patrol Leader Council
- SPL..... Senior Patrol Leader
- TLC..... Troop Leader Council
- YPT..... Youth Protection Training

What you see above the water is only about 20% of what Scouting provides to our members

Books, Uniforms, Boys' Life, Equipment, Registration, Activity Fees, Meeting site costs, etc.



FRIENDS OF SCOUTING
ANNUAL CAMPAIGN

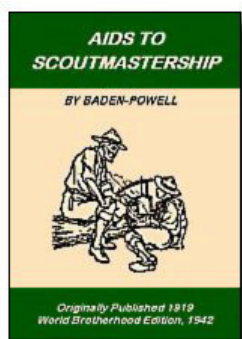
Make Your Pledge **TODAY >>**



The Patrol Method

The Patrol is the foundation of the Troop. The Patrol is where the Scout learns citizenship, it's where they practice democracy, leadership, and teamwork. It's

where they find companionship, life long friendships, and a place where they belong. The Patrol is a unit of Scouting. Whether for work or play, the Patrol is where Scouting happens!



Scouting's founder, Baden-Powell, in his book *Aids to Scoutmastership*, defined Scout troops as being built on the principle that "(the) unit is the natural gang of the boy, led by its own boy leader." Patrols that demonstrate spirit and enthusiasm tend to be great Patrols and have a lot of fun getting the most out of Scouting.

In the Patrol you have democracy on the small-scale. The boys choose the leader they would like to follow and take part in activities planned at the Troop level. When they plan, they execute those activities together. In a good Patrol, Scout spirit is steadily at work, prompting the participation of each Scout. The 1947 *Handbook for Scoutmasters* says, "The life in the Patrol creates in its Scouts a strong feeling of comradeship, of obedience to a common cause, and the willingness to help and share so necessary in life." The Patrol eats together, camps together, cheers together, and pulls together when the going gets tough. They share the joy of accomplishment, and put their heads together when they fail. They learn together and assist one another in their Scoutcraft and other skills.

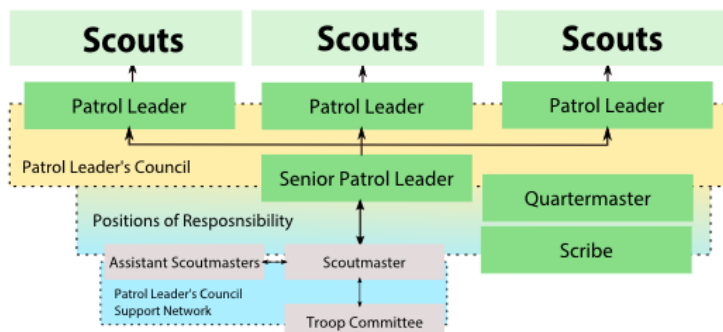
The Patrol elects its own leadership. This is an important part of Patrol life. The decisions the Patrol makes in choosing its leadership is up to them and should not be influenced. The Patrol Leader grows as a leader and the rest of the Patrol develops strong skills at being good followers. Soon every Scout gets his turn, and he will reap the benefits of good followers when he steps up to lead. The Patrol leader is part of the Patrol Leaders Council (PLC). They run the Troop. Us-

ing the Patrol Method, the Patrol Leaders Council will make decisions that have the best interest of the Troop in mind. They will push the Patrols in directions of adventure, service, and commitment to the Troop. The PLC along with help from the Scoutmaster is the heart of the Patrol Method. When Baden-Powell spoke of the Patrol Leaders Council he said, "... is not so much to save trouble for the Scoutmaster as to give responsibility to the boy—since this is the very best way of all means of developing character."

The Patrol Method made simple—the Scoutmaster is the base of a pyramid of shared responsibility and service to the apex of the pyramid; the Scouts. This responsibility (and the attendant authority) flows upward to serve the goal of advancing the aim of scouting. From a practical standpoint it is helpful to remember that a patrol is a little troop, and a troop is a big patrol.



A note on the Patrol method. There are **NO ADULTS** in Patrols. Adults do not participate with Patrols and aside from the Scoutmaster have no say in the Patrol Leaders Council. The Patrol method is not always pretty. It takes on many shapes and sizes and the level of struggle will vary from Patrol to Patrol. It's important for the Senior Patrol Leader to tackle as many of those struggles as possible. He, after all is the leader that Patrol Leaders look to for the answer. The Patrol Method is to be led, practiced, and perfected by young men. This is an important method, with out the Patrol method you do not have Scouting.





With BSA's Cyber Chip, Online Safety's the Point

Our youth spend more than 7.5 hours a day using some kind of electronic device, according to a recent study. In other words, if they're awake and not at school, they're probably online. Whatever their reason for logging on—school project, merit badge research, socializing, games—safety is never guaranteed. That's why the BSA's Cyber Chip is a big step in the right direction in the effort to keep kids safe online.

In developing this Youth Protection tool, the BSA teamed up with content expert NetSmartz, part of the National Center for Missing and Exploited Children, as well as training experts for different law enforcement agencies. The Cyber Chip joined the Totin' Chip and Whittling Chip as important safety tools our Scouts will earn, especially if they want to use their handheld devices at meetings or

on overnights. There are two sets of requirements for Boy Scout aged boys, one for 6-8 graders, and the other for 9-12 graders. Troop 436 will continue to put this



on the agenda for April each year.

Requirements:

1. Read and sign the Level II Internet Safety Pledge.
2. Write and sign a personalized contract with your parent or guardian that outlines rules for using the computer and mobile devices, including what you can download, what you can post, and consequences for inappropriate use.

3. As an individual or with your patrol, use the EDGE method and mini lessons to teach Internet safety rules, behavior, and "netiquette" to your troop or another patrol. You are encouraged to use any additional material and information you have researched. Each member of the patrol must have a role and present part of the lesson.

4. Discuss with your Scoutmaster the acceptable standards and practices for

using allowed electronic devices, such as phones and games, at your meetings and other Scouting events.

Additional Requirements for Grades 6-8:

5. Watch the video "Friend or Fake," along with two additional videos of your choosing, to see how friends can help each other to stay safe online.

Additional Requirements for Grades 9-12

5. Discuss with your parents the benefits and potential dangers teenagers might experience when using social media. Give examples of each.

6. Watch three "Real-Life Story" videos to learn the impact on teens.

Note: All Cyber Chips expire annually. Each Scout needs to "recharge" the chip by going back to the NetSmartz Recharge area. This space will hold new information, news, and a place for the Scout to recommit to net safety and netiquette. Then the Scout can add the new date to the Cyber Chip card or certificate after being signed off on by Mrs. Kearstan.

Leave No Trace...

1. Plan Ahead and Prepare
2. Travel and Camp on Durable Surfaces
3. Dispose of Waste Properly
4. Leave What You Find
5. Minimize Campfire Impacts
6. Respect Wildlife





History of the Eagle Award

The appeal of the eagle has been felt by every people from prehistoric times to today. To Egyptians, the eagle was the messenger of the gods and the sun, a symbol of eternal life. To certain Native American tribes, it stood for valor and as a pledge of victory. For Americans today, the eagle is the living symbol of all courageous and freedom-aspiring Americans. So when the Eagle Scout Award's medal was de-

signed in 1912, it was decided that a small silver eagle would be suspended from a tricolor ribbon of red, white, and blue. The medal remains the same today.

Honor is the foundation of all character; being trustworthy is the first point of the Scout Law for a reason. On the Eagle Scout Award, it is represented by white. The blue of the Eagle Scout Award inspires the Eagle Scout's loyalty, which extends even beyond his family, troop, and friends to his school,

community, and nation. The red reminds the Eagle Scout of courage. To a Scout, bravery means not only the courage to face physical danger, but the determination to stand up for what is right.

Eagle Scouts are charged with continuing their quest by becoming even better citizens and leaders by continuing to live by the Scout Oath and Scout Law. We thank all the Eagle Scouts for their service to Scouting, their communities, and the nation.

Cooking Tips—Brian Brett, Cooking Merit Badge Counselor



On the March overnight the Scouts who were cooking made a variety of different meals and greatly expanded their culinary appetites. We hope that our Scouts will continue to explore different recipes and methods of cooking.

This is a recipe that can be made pretty easily on a camping trip. It serves six people. You can add peppers or onions to the recipe when you are browning the sau-

sage if you like.

7 LAYER DUTCH OVEN COUNTRY BREAKFAST

PREP TIME: 15 MINUTES
COOK TIME: 45 MINUTES
TOTAL TIME: 1 HOUR
SERVINGS: 6
CALORIES: 869 KCAL

Ingredients:

- ◆ 32 oz Ground Sausage
- ◆ 30 oz Frozen Shredded potatoes
- ◆ 12 eggs
- ◆ 2 Cups shredded cheddar
- ◆ 1 can biscuit dough or homemade biscuit mix
- ◆ salt and pepper to taste

INSTRUCTIONS:

While the coals are heating up place the Dutch oven over a fire or stove and cook the sausage until browned. Make sure to break the sausage up into crumbly pieces covering the bottom of the Dutch oven. Remove from heat and pour the package of hash browns over the sausage. Then crack the 12 eggs over the potato layer as evenly as possible. Sprinkle the cheddar cheese as the next layer. Then place the biscuits all over the cheese or homemade biscuit mix. Cover the Dutch oven and then add coals on the top (14) and bottom (10). Allow to cook at 350 degrees for 45 minutes. Serve.



Troop 436 Summer Camp 2019
"Back to No-Be"
July 21-27
\$415 Early Bird by April 15





How Many Coaches Does a Team Need?

Despite the differences in aim and scope, we often make the comparison between Scouting and team sports in order to clarify the way something less familiar works (Scouting) in terms that most people can understand (sports). Each has players, coaches and spectators. Each has rules and boundaries of the game.

Take a baseball team for instance.

The team's roster is divided into categories—outfielders, infielders, pitchers, etc. One of the players is usually chosen team captain by his teammates. Teaching and guiding these players are the various position coaches—pitching coach, bullpen coach, hitting coach, etc., and the manager coordinating it all.

A Boy Scout troop has a very similar structure. A group of Scouts makes up the troop. It's comprised of patrols, along with the senior patrol leader and his assistants. There are assistant Scoutmasters who help the manager, the Scoutmaster in guiding and mentoring.

One important distinction is in what parents do. Parents don't often attend baseball practices, and at games they sit away from the players behind a fence that clearly separates the spectators from the field of play. A baseball game is intended to be watched by a crowd from a distance.

In Scouting, there really isn't much of a direct role for the parents in the sense that they don't really

watch or observe the game that's being played. Parents shouldn't really congregate at the perimeter of the campsite or the meeting place and watch the Scouts at practices (troop meetings) and as they go about their duties and activities at camp (game day).

But they do anyway. Sometimes, parents don't understand their role with respect to the Boy Scout program in general and within the troop in particular, but it's really not that much different from a baseball team. In baseball, the manager is responsible for the players on the field; in a troop, the Scoutmaster has basically the same function. He's helped by his position coaches (the assistant Scoutmasters), and the Scouts "play the game".

If there's one thing they don't need, it's more coaches. Sometimes, well-meaning parents can get in the way of the game of Scouting, just as it would if a group of parents who didn't know the rules of baseball ran onto the diamond and "helped" their kids play second

base or left field. The manager (and the umpire!) sure wouldn't appreciate that sort of interference, and neither does the Scoutmaster.

Just as with a baseball team, all scout activities are open to observation by parents. If they want to, they can attend a troop meeting or come along on a campout. But they must only observe and not participate. They have to stay behind the fence, and they can't run on to the field, pick up a bat or glove, a dining fly or a tent stake, and give their son a little "help" playing the game. One head coach is enough in either case.



10 Ways Baseball & Scouting Are Alike

With the start of another Major League Baseball season upon us, we thought it would be fun to think about some ways that baseball and the Boy Scouts of America are alike. Here's the list:

1. *Good coaching is essential, but in the end it's up to the player to give his best effort.*
2. *Both are what people think of when they think of great American pastimes.*
3. *A first aid kit is essential to both.*
4. *The coach also wears the uniform.*
5. *In both, you'll see lots of guys running around a field.*
6. *You have to cover all the bases in Scouting, too.*
7. *Youth do the playing; adults stay off the field unless they need to check on an injury.*
8. *Things go more smoothly if you learn and practice the basics first.*
9. *Always start by saluting the flag!*
10. *Be prepared with a big tarp in case it rains.*



Scout Skills & Merit Badge Fair Overnight Pictures






Odds & Ends...


The Scout Rank



Scout is the first rank and is earned by completing certain requirements. The Scout badge has a gold fleur-de-lis on a tan background. The badge is awarded when the boy demonstrates a rudimentary knowledge of the Scouting ideals such as tying a square knot and knowing the Scout oath, law, motto, and slogan. While the *Arrow of Light* ceremony is the celebration of that achievement, the *Scout* rank seals the deal. In the latter part of February, the Long Valley Cub Packs bridged 16 Scouts over to Troop 436! Next destination for them...*Scout* rank.



Caleb Smith—April 8
Griffin Gardner—April 13
Michael Cspikay—April 22



Parent's Handbook A Must Read

The Troop 436 Parents Handbook is chock full of really useful info about Scouting in general, our troop, and summer camp. Don't delay...download it from the troop website and read it today!



Scout Handbooks

Scouts, particularly younger ones, should bring their Scout handbook to all meetings and activities to ensure achievements gets signed off on by Patrol Leaders and Star and higher Scouts. Be sure to label books—name, troop number, and contact info.

Help for Early Boy Scout Rank Requirements

Boy Scouts working on their Tenderfoot, Second Class, and First Class ranks might want to check out the early rank requirements videos from the BSA which give step by step instructions for all of the requirements for these first three ranks. These videos should not serve as a replacement for instruction within the troop, but they will help a Scout prepare ahead of time or give additional help if he is having difficulty learning a skill. Older boys serving as Troop Instructors might also find these videos helpful when preparing to teach younger Scouts a skill. To view the videos go to <http://boyslife.org/about-scouts/large-width/450/early-rank-requirement-videos/>.

Scout's Should ID Their Things

We have 44 Scouts and they all have the same stuff! So please ID your Scout's things by putting a name or initials on everything from uniform parts to camping gear to Class B uniforms...everything!

Put Your Name On It!

Community Service Hours Form

Troop 436 Long Valley

On the web at:

www.troop436.org

- **Troop Calendar**
- **Contact List**
- **Scout Forms**
- **Permission Slips**
- **Parents Handbook**
- **Advancement Info**
- **Newsletters**

Remember—to receive credit for any community service hours, the Community Service Hours form must be completely filled out and turned into Mrs. Kildea at a Troop meeting. Even if you don't "need" hours, fill out a form anyway so the Troop gets credit with Council. Forms can be found on the Troop website.



Focus on Fish & Wildlife Management Merit Badge

Wildlife management is the science and art of managing the wildlife—both animals and fish—with which we share our planet. Maintaining the proper balance and the dynamics that go with it requires humankind's attention. We use this stewardship tool to help minimize or eradicate the possibility of extinction of any given species. We want our descendants to have the opportunity to experience the same animal diversity that we have.